

Reflections on Darwin's Voyage by Dr.T. Dickinson

KUUF LINKS
Nov. / Dec. 2018



We were fortunate to host TRU Dean of Science, ornithologist Dr. Tom Dickinson, who recently explored a portion of the route Charles Darwin took 188 years ago to map the coast of South America. As part of a cruise, Dickinson took shore expeditions and retraced Darwin's voyage and re-examined some of Darwin's speculations in light of contemporary thinking about geology, ecology and evolutionary biology. It was fascinating to hear about his experiences and the Unitarian connection with Darwin.
(Thanks to Anne for the notes and pictures.)



Seeking Spirituality
Practising Community



With Freedom of
Religious Thought



Kuuf Links

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Soup and Movie Night *hosted by Anne*

Come and enjoy a bowl of soup, bread and dessert, followed by a great movie!

When? Friday, November 2 Time? 5:00 PM - 8:30 PM

Where? The Neave's, 2068 Sifton Avenue

The Movie (Running time is 1 hr. 43 min.)

The Truman Show is a 1998 American satirical science fiction film. It stars Jim Carrey as Truman Burbank, adopted and raised by a corporation inside a simulated television show revolving around his life, until he discovers that and decides to escape. *The Truman Show* has been analysed as a thesis on Christianity, metaphilosophy, simulated reality, existentialism and reality television. There are many layers to this film, and I'm looking forward to discussing it afterwards.

Please RSVP if you are coming!

Bidnight 2018!

Yes, Bidnight has been revived and we're sure you are all pleased that we are once again planning for a fun social evening and fundraiser for the fellowship!

When? Saturday, November 17 Time? 5:30 PM Place? At the Neave's, 2068 Sifton Ave.

The potluck

Bring a dish to share. Also bring your eating plate, utensils, cup and glass. Bring something to drink, but no red wine please (white is okay – just in case of spills!) Anne will provide tea, coffee, and soda.

The sale of goods and experiences

1. We will have the usual small items table for sale (preserves, baking, wines, knitting, crocheting etc etc) – please attach a price tag to your items.
2. For the sale of experiences and larger goods, we are going to do this differently this year. You will set a fixed price on your experience or larger goods. People will sign up for this fixed-price. If the number of signees exceeds the number of people desired, then there will be a draw. Please email theneaves@shaw.ca with a description of your experience or goods, the set price, and number of attendees and date of experience if applicable.

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Upcoming Services

November 2018

November 4 – *Is There a Downside to Positivity?* Presenter: Wendy Weseen. “Is positive thinking always the best way to handle our suffering?” A morning of exploring the current popular view that we must think positively no matter what happens. When might it not be functional? And what is suffering anyway? A mosaic of poetry, music, and discussion about our shared wisdom and universal life experiences.

November 18 *Mapping Our Lives Through Stories*. Presenter: Rev. Meg Roberts. There are traditional or archetypal stories that have helped people through the millennia, offering insight, strength and comfort. They provide a sort of “human map” to help us navigate and better understand our lives. Come listen to one of these stories and reflect on how it relates to your journey and where you are in your life.

Our Book Fair follows the service! Bring your books before the service. Proceeds go to the fellowship, and unsold books are donated to the Kamloops Regional Correctional Center Library

SET-UP team for November =
Canaries: Leader - Gerda Morrow
Joan Gordon, Jim Gordon, Colene Palmer,
Judy Taylor.

December 2018

December 2 – *Home or Sanctuary?* Presenter: Rev. Danielle Webber. Often when we talk about our faith communities we talk about home. We say and hear others in our communities that Unitarian Universalism is a home for many, and it seems like such a great analogy, a place where you can find comfort, be yourself, and there will be others who care about you. But what if this analogy does not fit? Either home has not meant comfort and care, or your UU community does not? Could we change the language and find a more useful analogy, one that fits better and calls us to a different standard if we stopped calling our UU communities home?

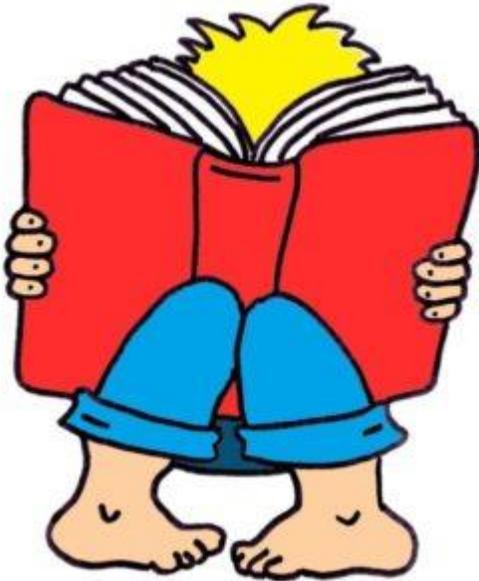
December 16 – *Topic TBA*. Presenter: Joan Gordon.

December 23 – *A Unitarian Christmas Carol*. Presenters: Anne and Roland Neave. This late afternoon Christmas service will feature a humorous reading of A Unitarian Christmas Carol, as well as carol singing and lighting of candles.*Note the December 23th service is at 4:00 pm.*

SET-UP team for December =
Eagles: Leader - : Anne Neave
Heather Gaunce, Roland Neave, Verne Smythe, Barbara Bowmar, Eleanor Hancock

UUFK Fall Book Bash

(After the Sunday Service, November 18, 2018)



How it works:

Please bring books that you are finished with before the service on Sunday, November 18th.

The only thing we ask is that you not bring out of date computer books.

Books donated by you will be sorted into hardbacks and paper backs.

After the service you will have the opportunity to purchase soft covered books for \$1.00 or hardbacks for \$2.00.

Funds raised will go to support the work of our Fellowship.

Left over books will be donated to the Kamloops Regional Correction Centre Library..

Now is the time to stock up on books to read over the winter.

Book Bash Information on Facebook. Please like us.

2018-19 Bird Set Up Teams Proposed

Three bird groups only

Leaders: if you will not be present for the services which your group is responsible, please delegate the duties well before you leave town.

Group members: if you will not be available, please inform your leader well before you leave town and find a replacement for that Sunday

Duties for Bird Group of the Month when set-up is done by contractor:

Aesthetics: bring flowers or potted plant or greenery for the Chalice table.

Hospitality: bring cream and goodies, plus designate someone to arrive early to be the Greeter.

Duties for Bird Groups when set-up is not done by the contractor is to be done as we used to do:

Chalice table, chairs, welcome table, hymnals, coffee, table for coffee and cups, mike, etc. Plus the take down.

Canaries- - - - - November, February and May

Leader: Gerda Morrow

Joan Gordon

Jim Gordon

Colene Palmer

Judy Taylor

Eagles- - - - - December, March and June

Leader: Anne Neave

Heather Gaunce

Roland Neave

Verne Smythe

Barbara Bowmar

Eleanor Hancock

Hummingbirds- - - January and April

Leader: Pat McNamara

Madisun Browne

Heather Allen

Marten Lettinga

Choose Eggs from Happy Chickens

from David Suzuki Foundation Newsletter - submitted by Anne in support of principle #7

Eating a planet-friendly diet includes consuming less meat, eggs, and dairy products. Beyond reducing the number of eggs we eat, be sure that the ones you consume are the most humanely raised.

It can be tricky.

These days, egg cartons are emblazoned with claims like “cage-free”, “free-run”, and “free-range”. And these choices matter. Tragically, over 90 per cent of Canada’s egg-laying hens are confined in “battery cages” — small wire cubes housing five to seven birds each, beaks cut (to control damage from pecking their cage mates), stacked row upon row upon row in large, windowless barns.

Let’s put the chickens before the eggs. Here’s a quick guide to navigating egg carton labels from better to best choice:

Cage-free eggs

“Cage-free” means hens are not confined to battery cages, but that’s about it. They don’t have access to the outdoors, and there are no assurances about what they are fed or what kinds of medications they are given. You might see this claim on all three types of non-battery cage production eggs — free-run, free-range and organic.

Certification: none

Free-run eggs

“Free-run” means chickens can move around in open concept barns, but they don’t necessarily have access to the great outdoors and overcrowding may still be an issue.

Certification: none

Free-range eggs

“Free-range” means hens see the light of day (depending on the weather) and their feet actually come in contact with the earth.

Certification: none

Organic eggs — your best choice!

Hens that produce certified organic eggs benefit from the highest welfare standards. For example, the SPCA Certified label assures eggs come from farms that have passed their animal welfare standards. Certified organic labels often require the use of organic feed without growth hormones or antibiotics, too.

Certification: numerous third-party labels

Food for Judy Taylor

Thank you who are/were able to send food to Judy after her recent hip surgery. By the time the newsletter goes to press Judy's daughter Lisa Allarie will have picked up a batch deposited with me. Everything from soup to--no, not nuts--spaghetti sauce. Hmmm. Stuff I feel like keeping for myself.

(And there is more than we know about, I know. More to come.)

Thanks everyone. Judy is in our thoughts, on the recovery road, assisted by our food.

**Eleanor
Care and Concerns Committee**

Women's Lunch

Hi Ladies: Our women's lunch is this Friday, Oct. 26th, 11:45 a.m. at the Arigato Sushi restaurant, #70-1395 Hillside Drive, across from Chapters and near to Swiss Chalet

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I think Gerri McN. is interested in attending the lunch, but would need a ride. Could anyone bring her to the lunch? Judy T. will be at home and Coleen P. Is having cataract surgery this Thursday, I believe.**

**.
Who is able to attend our lunch this Friday? Thanks, Gerda, from us all for the update on Judy. I spoke to her daughter, Lisa, Sunday morning to learn that Judy was home and doing well.**

Thanks,

Heather G.

From the Editor's Desk

We've had quite a busy month in October as we transition to a lay led congregation instead of professional leadership. I would like to thank all the members and friends who have helped in this transition. As a Board member, I would also like to thank everyone for their support of the Board. We also had tremendous assistance from our national organization, the Canadian Unitarian Council (C.U.C). Their help with knowledgeable advice and support was appreciated. Let's hope our congregation survives for many years so our annual dues can begin to pay them back!

Check out our new website (www.uukamloops.ca) to keep up to date and see all the changes that are happening.

Thanks to Janet and Barbara for proofreading!

See you on Sundays!

Verne

CONTACT US

The Unitarian Universalist Fellowship of Kamloops meets on the first and third Sundays, 10 am at the Valleyview Community Hall (2288 Park St.) in Kamloops, B.C., September through June. (Services start on the Sunday after the Labour Day weekend.) For details on individual Sunday schedules, please see the details in the newsletter Upcoming Services page, the monthly calendar, or go to **our website:** www.uukamloops.ca

We are a welcoming community, believing in the dignity of every individual and in freedom of religious thought.

Contact us by mail: P.O. Box 539 Kamloops, B.C, V2C 5L2

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