

Wendy's Words of Wisdom

Jan.—Feb. / 2011



UNITARIAN UNIVERSALIST FELLOWSHIP OF KAMLOOPS



Seeking Spirituality
Practicing Community



With Freedom of
Religious Thought

Kuuf f9nks

As I write, it is a bright day outside. The sun, so low in the sky, is pouring in my windows, heating my house and my bones, cheering my heart. When the snow comes, it will brighten such days even more. The cold winter weather and the shortness of days seems quite easy to bear at this moment.

But it's still morning! I know that in only 5½ hours, it will be dusk. By 4:30, it will be pretty much dark, with perhaps just a remnant of pink or orange as the western sky fades to gray. And then it will be dark for the next fifteen or sixteen hours, until the sun struggles over the horizon again tomorrow.

Our children go to school when it is barely light, and come home when it is barely light. Luckily, they have lunch hour and recess to be outside, catching some precious rays. Adults who are working all during the daylight hours don't usually have anyone

For humans, this can be a time of recovery, of rest, of turning inward. It is a time for spiritual self-examination, time to search our hearts.

making them go outside for lunch hour or coffee breaks. The smokers among us probably see the most sunshine!

Still, spiritually, there is much of a positive nature to be gained by embracing the power and beauty of darkness, and to deny the dark is not healthy.

For the earth, and for plants that grow in this part of the world, it is a season of rest, fallow, seeds lying dormant, bulbs gaining strength for their spring uprising. For humans, this can be a time of recovery, of rest, of turning inward. It is a time for spiritual self-examination, time to search our hearts. It might be time to look back at the year just ending, and consider what needs to be given our attention – to let go, or to embrace anew, to be reminded of love's presence in our lives, and how we might continue to nurture and spread that love.

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Darkness can be like a womb, nurturing our growth, offering us warmth and succor.

It is possible to use the darkness as a time for taking a spiritual inventory — not so much to make “New Year’s Resolutions”, but to deepen our sense of what matters to us, what people we want to be connected with, and how to move into closer contact with our own spiritual centre.

It is unfortunately true that for some of us, this is always a depressing season. For some, it is difficult to hold onto any thread of good cheer or even hope, when all is dark around us. It's cold outside, and it's less tempting to go outside. When it's not so easy to get about, people find it easier to isolate from one another. Isolation can also feed depression. And
Continued next page

Wendy's Whereabouts

Wendy's Words..... Continued

that makes it difficult to reach out to others – becoming a bit of a vicious cycle of isolation and depression.

I don't have an easy solution to this. But I do believe that one powerful antidote to isolation and sadness is to be connected with people who love us – or at least people who will accept us as we are. Ideally this can happen in a religious community. It doesn't always, and that is something that religious communities need to be conscious of.

Thankfully, the shortest day of the year is behind us. For the next 11½ months, the daylight hours will be longer. This is a truth worth holding onto, even as we know that darkness has gifts to offer us.

Meanwhile, light a candle for yourself. Light a candle for those you love. Light a candle for Love, and Warmth and Hope. And reach out to one another.

Shalom, Rev. Wendy



Contact Us

The Unitarian Universalist Fellowship of Kamloops

meets on Sundays at the Valleyview Community Hall on Park St. in Kamloops during the months of September through June. (starting on the Sunday after the Labor Day weekend.)

For details on individual Sunday schedules, please see inside, or go to our **website** www.uukam.bc.ca

We are a welcoming community, believing in the dignity of every individual and in freedom of religious thought.

Contact us by phone : 250 - 374 - 5594.

E-Mail to

uufellowshipkamloops@gmail.com

Use your minister well!

I am in Kamloops from Thursday early afternoon through Sunday afternoon on “my” weekend. In January, I will be in Kamloops for the THIRD Sunday of the month, and will be staying with Enid D..

In February, my weekend with you will be the first one of the month.

Munch with the Minister — bring your own lunch and join in the conversation. A particular topic for general exploration is sometimes (but not always) offered.

Friday, January 13 and **Friday, February 3rd** at noon in the Reading Room, Kamloops United Church.

Use your minister's time! Contact Rev. Wendy directly to arrange a meeting, a visit, or any other kind of rendezvous, either while I am in Kamloops, or by phone or skype between trips. There are a thousand good reasons to call your minister, so please feel welcome to do so.

Workshops, etc.

Please see other pages in this Newsletter for Workshops which I will be leading in the next few months.

Contact information:

Please contact me by phone : 250 374 - 5594, or

E-Mail :

uufellowshipkamloops@gmail.com

Passing the Torch

For the past two years, I have enjoyed very much being the producer / editor / distributor of the “Kuuf Links” Newsletter, and of the monthly calendars.

“*Small but Mighty!*” is how our Fellowship members often refers to it. And, taking the time now to look back over the issues of the past two years, I can only say that I am amazed at the amount of love, energy, joy and commitment which our Fellowship's members put into it. You have kept me very busy recording it all!!!!

It is time now to bring a new perspective to our Newsletter, though. And we are very fortunate indeed that **Shannon H.** has agreed to take on my functions in March.

So, if you have not already done so, please enter Shannon's E-Mail address into your “Contact” file. For those of you without a computer, please take note of his phone number from the phone list.

“**Thank you, Shannon, for taking on this new role.**”
Sincerely, Penny



Upcoming Services

JANUARY

January 1 : Worship Service : “ A UU’s Happy New Year” led by Enid D.. 10 a.m. @ the Hall.

Bring all the problems and troubles of 2011 and we'll burn them up and begin a new year with a clean slate. Coffee, juice and coffee cake served throughout the service!



There is **NO SUNDAY SCHOOL** on this day, but children are welcome at the service. **With advance notice, we will try to arrange for child care.**

January 8 : Chalice Circle : Topic : “Exploring the Future”. Led by Janet K. 10 a.m. @ the Hall. Join our discussion circle to reflect on the joys and challenges that the New Year might bring.

January 15 : Worship Service : “Please Don’t Make Me Change” Led by Rev. Wendy McNiven 10 a.m. @ the Hall

I will explore some ideas arising from the fact of Change being perhaps the only constant in life. It is not possible to step into the same river twice ... but somehow, we have a rather conflicted relationship with Change itself. This sermon topic was purchased at the Bid Night auction.

Sunday School : The Great Scarf Project returns!
Soup Lunch : *Stay after the service for soup, and to participate in a “brainstorm” of ideas for future Sunday topics.*

January 22 : Chalice Circle : Led by Marg T. 10 a.m. @ the Hall.

Following up to Rev. Wendy’s Jan. 15 service, some of the questions we will consider are : What is it about change that people find so difficult? Are some types of change easier than other types? What changes would you like to see ... and what would you like to keep always the same?

January 29 : EVENING SERVICE : “Soulful Sundown”.

Led by Heather A., Christine and Shannon H. and Fraser N. 7 p.m. @ the Hall

NO SUNDAY SCHOOL



FEBRUARY

February 5 : : Worship Service : “Other Faiths and Ours” led by Rev. Wendy McNiven. 10 a.m. @ the Hall.

The first week of February is called “World Interfaith Harmony Week”. A relatively new initiative of the UN, one overarching goal is that people of many faith groups will become more aware of their commonly held values, and less critical of differences. Today’s sermon will explore some of the questions that arise when we consider diversity of religious belief and practice.

Sunday School : Love in Our Congregation
Soup Lunch

February 12 : Chalice Circle : Other Faiths and Ours”. Led by Enid D.. 10 a.m. @ the Hall.

We will look at some of the issues raised in our look at other faiths, as well as our own faith.

February 19 : Worship Service : “The Big Love of the Buddha”. Led by Wendy W. 10 a.m. @ the Hall.

Of all of life’s mysteries, **love** fascinates us the most. We talk of romantic love, brotherly love, platonic love, erotic love and unconditional love. Music, books, movies, art work, television programs, plays, advertising, and digital media have love as their favourite theme and applaud its desirability and presence in our lives as the source of happiness.



No matter how long we live, the subject of love continues to mystify and occupy our minds and our hearts.

With this service, I hope to offer a perspective based on the expansive love of the Buddha, understanding that the path of life is love – from loving ourselves, to intimate relationships, to holding the whole world in our hearts.

Sunday School : Love is Eternal

February 26 : Chalice Circle : “The Great Love of the Buddha, and other “loves” 10 a.m. @ the Hall.

A discussion to deepen our understanding of the February 19th service.

Presidents' Message

One more wonderful year has just passed!! Stopping, thinking, breathing, leaning back in my chair, I think of all the great and memorable moments and events that flash through my memory.

What stands out the strongest are the people of the congregation — the smiles on their faces. Whether they were setting up, making coffee, cleaning up, or just having a chat, always the smiles are there!

When you walk up to someone, regardless of whether they come every week or a couple of times a year, the warm smiles and tenderness are felt. This year has brought a great amount of enjoyment to all of us. I won't bore you with naming all of its sources — I am sure that if you reflect they will come to you.

My passion for the Choir and the Gospel Workshop has brought many moments of joy to myself. As well, the choir brings a different aspect to our little congregation. I encourage all of you to come and participate (you don't have to be a singer) — the rewards are more than worth it.

The New Year will always bring challenges : this year we need a few "NEW" board members. Serving in a position on the Board doesn't take much time, and the rewards are great.

As we leave the 2011 Holiday Season behind, and begin this great New Year of 2012, let me leave you with some words by John Lennon :

*So this is Christmas
and what have you done?
another year over
and a new one just begun*

*and so this is Christmas
I hope you have fun
the near and the dear ones
the old and the young*

*A very Merry Christmas
and a Happy New Year*

Dennis B., President, Board of Directors , UUFK



President Dennis hard at work at the "Christmas Marketplace".

Treasurer's Report

It's budget preparation time for me, as 2012 isn't that far away. 2011 is almost over: at this time, it looks as if 2011 will be a break-even year thanks to everyone's very generous donations.

If you are planning on pledging for 2012, but haven't quite gotten around to it, could you please do so soon? I need to prepare our 2012 budget very early in January, as it needs to be reviewed by the Finance Committee and the Board before the congregation discusses it at our Annual General Meeting.

As always, if anyone has questions on our operations or finances, please feel free to contact me!

Tuula H. , Treasurer, UUFK

Service Helpers

The Helping Team for January is "The Doves" :

Jim and Joan G. ;
Bob and Kay T. ;
Eleanor G. ;
Norah A. ;
Jill E.,
and Arlene S.



In February, the Team Albatrosses will be having their second turn of the church year.

January 15th Soup Lunch and Discussion

After the Soup Lunch on January 15th, please stay and contribute your ideas to a brainstorming session on future service topics.

Soup Lunch makers for this day are Jim and Joan G. (Veg) ; Dennis B.; Pat M.. Buns or breads : Kay T.

UU Kids' News

We have had a lot of fun together working through our “**Toolbox of Faith**” during November and December, learning about valuable life “tools” such as listening, atonement, and love. Our activities included listening games, making pretzels, fashioning cinnamon heart ornaments for the Christmas tree, and shopping for Christmas gifts in the UU Christmas Marketplace! Many thanks to our wonderful teacher, Randy, and those who assisted him during each session, as well as our awesome Shop 'n Wrap Team who ran the Christmas Marketplace!

What's coming up in January?

January 1 - Our New Year's Celebration is a multi-generational service to welcome the New Year. Children are welcome to join the adults in a relaxed setting as we sit around the New Year's table, eating cake, toasting the New Year, singing songs, and reflecting on the Old Year and what the future year might hold.

January 15 - The Great Scarf Project returns! UU Kids will help to make fleece scarves for the homeless. This is one of our social & environmental action projects that we provide for the children.

Our New Spring Program starts in February!

We will be visiting the second half of “Love will Guide Us”. In this program, participants learn to seek guidance in life through the lens of our Unitarian Universalist Sources, with an emphasis on love. Together we ask questions such as, “Where did we come from?” “What is our relationship to the Earth and other creatures?” “How can we respond with love, even in bad situations?” “What happens when you die?” Sessions apply wisdom from our Sources to help participants answer these questions. Participants will learn that asking questions is valued in Unitarian Universalism, even as they begin to shape their own answers.

February 5 - Love in Our Congregation: This session focuses on the fourth Source of Unitarian Universalism, expressed in children's language as “Jewish and Christian teachings which tell us to love all others as we love ourselves.” Jesus called on his followers to live in service to those in need; this service strengthens community. Children hear a story of Jesus' life and explore the concept of community.

February 19 - Love is Eternal: This session focuses on the sixth Unitarian Universalist Source—in children's language, “the harmony of nature and the sacred circle of life.” Drawing on the wisdom of earth-centered traditions, the session connects love with the age-old human question “What happens when we die?” Participants hear some ways people have answered this question and learn that Unitarian Universalists believe we cannot really know the answer. Participants learn that when we remember people we love, they live on in our hearts and minds, and that the love we give when we are alive lives long after our death.

Thanks to all who contributed items for the December 18th “Children's Christmas Marketplace”! Together with the Shop 'n Wrap Team, the children purchased and wrapped over 50 gifts. The money that was collected went to the “Daily News Christmas Cheer Fund”, and the leftover items went to a thrift store. Your generous donations helped to make this popular annual event a great success! Anne
Below are a few pictures from that day :



Upcoming Workshops

Worship-Leading Workshop

When : Saturday, January 14th @ 2:30 p.m.

Where : The UU Reading Room in KUC

Who : Those who are interested in exploring the possibility of leading a worship service

Rev. Wendy is offering a two-part workshop on "Leading Worship". The **first part** will be on Saturday, January 14th at 2:30 p.m. in the Reading Room at KUC. It will be two hours long.

The **second part** of the Workshop, which will be also be two hours long, will be scheduled for a time in February that is convenient for the most people.

People are welcome to attend only one of the two sessions.

The workshops will cover topics including some of the "mechanics" of putting on a service, as well as something about the philosophical aspects - such as how to choose, and then develop, a subject or focus for your service.

If you are interested in attending, please let Rev. Wendy know a.s.a.p..



Introduction to UU'ism

When : Saturday, February 4th @ 9:00 a.m. (*flexible, if someone needs the date changed*)

Where : The UU Reading Room in KUC
Who : Anyone who would like to know more about Unitarianism

Rev. Wendy will be holding an "Introduction to Unitarianism" class for anyone who would like to learn more about Unitarianism.

Whether you are newly with the Kamloops UU's, or have been around for some time, you are welcome to come and explore with us.

Please let Rev. Wendy know as soon as possible if you interested in this class.



**CHANGE
IS INEVITABLE**
(*EXCEPT FROM A VENDING
MACHINE !*)

— *Robert C. Gallagher*

Storytelling Workshop : "Owning A Story"

When : Saturday, March 31st ; 10:30 a.m. - 2:30 p.m.

Where : Gerda M.s home in East Juniper

Who : Open to all who register by Saturday, March 17th

Come and participate in retelling a story! Camaraderie within a storytelling group fosters innovation buoyed up by support for the teller plus active listening skills and entertainment for the audience.

In this workshop basic techniques of storytelling will be explored: character development, setting description and identifying both the problem around which a plot hinges and the turning point. Tactics aiding memory, such as mapping, cartoon drawing and outlining, assist in confident telling of a story. Tales, fables and myth excerpts will be the genre of stories used because they can be adapted to about 3 to 5 minutes in telling length. Storylines will be supplied.

Gerda has taught group and individual storytelling for many years and was a member of TALES (The Alberta League Encouraging Storytelling), Calgary Chapter www.ecn.ab.ca/~tales. She is not a professional storyteller but she participated in the monthly chapter 'tellarounds' until she moved to Kamloops in 2005. .

Enroll by email or phone to Gerda by Saturday, March 17th.

Canadian Unitarian Council News

The Canadian Unitarian Council along with UU Ministers of Canada, have organized a fund-raising effort called NORTHERN LIGHTS. It is intended to raise significant sums of money for specific congregational projects.

This is different from your usual bake sale. If 1000 UU's in Canada pledge to give \$50 each time there is a request (up to twice a year), that would be \$50,000 for each project.

From the Northern Lights website: (<http://www.northernlightsgrant.ca/>) : Northern Lights supports the quality of the Unitarian Universalist "Light" throughout Canada. We seek to help finance projects that support growth related actions needed to :



- establish new congregations
- begin or expand professional leadership
- assist a congregation to secure a first home of its own
- help a congregation buy a larger building, improve a building or furnish a building
- improve the quality of religious life in existing congregations
- fund congregations working together for specific programs (such as OWL)
- support a congregation through a size transition
- make our UU Faith more visible and accessible in the community
- take action to support our vision of a world with peace, equality and respect, democracy, justice and compassion, and a healthy environment for all.

A project is something any Canadian congregation creates, that is approved by the Northern Lights grant panel. There can be two of these calls per year, at most. UUFK could - in the future - be one which comes up with a use for that kind of money - maybe even a down payment on a building! To be eligible, we need to have at least 20% of our members registered as donors.

If this is something you would be willing to support, please ask me for a registration form, or go the above website. It will get you to all the information there is - plus on the TOP RIGHT of the page, there's a box to "REGISTER NOW". That's your cue. Remember, these donations will requested only once or at most twice per year, no more. I am pledging \$50 per request.

Thank you for your generosity to the Northern Lights program and to growing Unitarianism in Canada.

Rev. Wendy

Active Democracy Discussion

This e-mail message comes from **John H.** (past president of the Canadian Unitarian Council) and **Rev. Karen F.-G.** , asking us to make time for a conversation about Democracy in UU congregations. :

Our fifth principle speaks about the use of democratic processes in our congregations and in society at large. How can we better fulfill this call to democratic processes in our decision-making at the national level? The goal of the Canadian Unitarian Council's Active Democracy Study Group (ADSG) is to undertake a national conversation regarding the democratic processes employed in the CUC. The Study Group is encouraging congregations to participate in the conversation this winter. The ADSG will compile the results and make recommendations in their report to the Annual Meeting in Ottawa, May 18, 2012.

The Active Democracy Study Group is preparing a study guide with background material for a workshop to be delivered by congregations between January and March 11, 2012. While there will be a number of ways for congregations and individuals to contribute in person and online, we believe the synergy of groups of members in a facilitated setting will be very important.

In our Kamloops Fellowship, we expect to hold this discussion sometime in February or March. Please think about this important topic, and come to the group meeting prepared to share your ideas. **From, Rev. Wendy**

Helping Hands

WARM UP WINTER EVENT

Help to Warm Up Winter for those in need! Our fellowship is encouraged to bring new or gently used hats, scarves & mittens to the service on Jan 15.

These will be combined with the scarves the children are making that day during the "Great Scarf Project", and donated to one of Kamloops' care facilities for the homeless.



Christmas Amalgamated



On Dec. 13 our Christmas Hamper Gang packed several thousand teabags for hampers, managing to maintain a sense of humour, as shown in this photo!

Following that we assembled the non-perishable foods for 53 hampers, the first ones to get delivered this season.

As always, Sally W. of the Christmas Amalgamated staff was most appreciative of our efforts!

Anne N.

Solstice Celebration

CELEBRATING THE DECEMBER FULL MOON with an early Yule/Winter Solstice party.

After the Chalice Circle, 17 hardy souls ventured up the back roads past Wolf Ranch to gather around a giant bonfire overlooking Neskonlith Lake.

The outdoor ceremony commenced with a call to the four directions and the God & Goddess.

We were then invited to throw into the fire, something symbolic from this year which we wished to be rid of.

Following this, we went inside Arne's home to share delicious chili made by Heather A, salad and rolls provided by Carla and hot mulled wine created by the Stefaneks.



The celebration ended with each person lighting a candle which represented our wishes for the coming year, to place in or beside the Yule log. We enjoyed the tranquility and sunshine until it went behind the cloud. Unfortunately the moon wasn't visible until much later that evening, when we had all returned to our homes.

A collection of non-perishable food and money was made and donated to the Kamloops Food Bank.

Our thanks to Arne for hosting and providing such a wonderful fire.

Submitted by Heather S.



S.E.A.C. News : "Power up to Power Down" is Powering Down!

The SEA committee started the "Power Smart" challenge a year ago. As we're almost at the end of our year of saving electricity, we thought we'd report on our experiences and pass on our tips.

Shannon H. amalgamated several small tropical fish tanks into one larger tank. As he pointed out, each fish tank has a pump, light, and heater. Therefore, eliminating several smaller tanks moth-balled many electrical devices in the Hammond household.

Judy T. now pulls the plug on her TV when she isn't watching it. (BC Hydro states that "phantom load" - the electrical power used by TVs and computers when you're not using them but they're waiting to come on instantly - can be 10 % of our total hydro bill.) Judy also turns the heat down when she won't be home. As she heats with electricity, this saves her a bundle of money. However, this works for gas furnaces as well. Not only will you save on natural gas, your power bill will be reduced as the blower on your furnace is an electrical blower.

Anne and Roland N. capped three chimneys in their Kamloops home for this very reason. (Anne and Roland have also done some very interesting things at their lodge - ask them about geothermal heat.)

Pat M. read the manual to her refrigerator and realized she was keeping the freezer compartment far too cold. She turned the knob inside the freezer to the position recommended by the manufacturer - and can now eat ice cream without waiting an hour for it to soften on the counter! We all know more accessible ice cream is a blessing!

Heather S. unplugs devices with a display - like her microwave. Like me, she found she misses the time display. However, we have both trained ourselves to rely on other clocks. Heather also stated she has found that the newer models of CFLs aren't as large, obtrusive and expensive as the first ones manufactured. As her bulbs burn out, she replaces them with a CFL. Heather put in a plug for IKEA: she stated that they have very good prices on CFLs.

The Ruckert/Gagnier household reduced their power consumption by an astonishing one-third! They too replaced incandescent bulbs with CFLs, and installed a number of power bars to turn off several appliances at once. In the course of their search for ways to save power, they located a stereo one of the children left turned on that had been humming away for months. (It MUST have been the kids that left it on!) So check all your equipment and make sure it is actually turned off! That simple task could save you a bundle.

We, the Helin/Pyett household, used 17 % less electricity in the year ended November 30, 2011. I didn't think we could accomplish even a 10 % saving as we had already reduced our power usage by one-half. (You knew we're long time eco-freaks, right?) Moreover, we had a solar hot water heater installed in June 2010. The pump for that unit runs on electricity - and we replaced our natural gas hot water tank with an electrical tank at that time. (Solar hot water needs a backup.) However, I didn't use the air conditioner this summer - even when it got really hot. And voila! Enormous savings in power consumption. I found this summer quite tolerable once I stopped rushing around in the heat of the afternoon. As Shannon Hammonds said during the course of our conversation, "the less we try to manage our environment, and the more we work with what nature gives us, the less energy we use".

BC Hydro still operates the "Power Smart program." If anyone wants to join BC Hydro Power Smart; and sign up for the 10 consumption reduction initiative program; AND receive \$ 75.00 from BC Hydro when they succeed, SEA committee members would be happy to help with you that process. Here's the link for your information:

http://www.bchydro.com/powersmart/team_power_smart/Team_PS_benefits/teamPS_reward_program.html

Tuula H., Social & Environmental Action Committee member



Remember these guys??

Book Clubs and Lunches

Morning Book Club

Generally, the Morning Book Club meets from 10 a.m. to 11:30 a.m. on the third Thursday of the month .. The location changes each month.

Jan 19 -- **Annabel**, by Kathleen Winter @ Kay's.

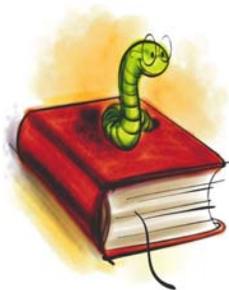
Feb 16 -- **Infidel**, by Ayaan Hirsi Ali @ Suzanne's.

Mar 15 -- **Good to a Fault**, by Marian Endicott @ Colene's.

Apr 19 -- **The Lacuna**, by Barbara Kingsolver @ Gerda's.

May 17 -- **Shoot**, by George Bowering @ Enid's. Also on this day, Heather will distribute book club set of **The Buried Book**

June 21 -- **The Buried Book**, by David Damrosch @ the Stefanek's. Book Club set. Also on this day, we will choose next year's books.



Evening Book Club

For the 2011/2012 Evening Book Club sessions, the 7:15 start time will remain the same, .. The night of the week on which the Club meets may vary.

Monday, Jan 30 : **The Soloist: A Lost Dream, an Unlikely Friendship, and the Redemptive Power of Music** by Steve Lopez Hosted by Norm and Wes

Monday, Feb 27 : **Water for Elephants** by Sara Gruen. Hosted by Penny H.

March 26 : **Bring your favourite Cookbook**. Hosted by Trudy F.

April 30 : **Book TBA** Hosted by Enid D.

May 28 : **Book TBA**. Hosted by Eleanor H.

June 25 : **Pot Luck Barbeque**. Book and Location TBA

Anyone interested in joining the PM Book Club is more than welcome. Contact Enid D.

Jennifer Dickson Resigns

The Canadian Unitarian Council Board of Trustees is writing to inform all members of CUC member congregations of a significant change in the CUC staff. On November 16th the Board accepted the resignation of Executive Director Jennifer Dickson.

The Board appreciates the work done by Jennifer as Executive Director, and wishes her well in her future endeavors.

The Canadian Unitarian Council has a new website! It is still in the testing phase for a few more days, and they are inviting our feedback, corrections, etc. Check it out! It is way cooler than the old one. Go to "cuc.ca" Rev. Wendy

Munch with the Minister

Friday, January 13th

And Friday February 3rd.

- Noon at the UU Reading Room in Kamloops United Church.
- If this is your first time, ask the Secretary of KUC for directions and / or the key.



UU Women's Lunch

The **January, 2012** Women's Lunch will be on Monday, January 23rd at Arigato Sushi (#70-1395 Hillside Dr. in Aberdeen Village Centre across the way from Chapters and Staples). This is "***The Day of the Dragon***" for the Chinese!

Please RSVP to Anne N. by January 20th



UU Men's Lunch

The UU Men's Lunch for January will be on Tuesday, January 17th at ***Maurya's Fine Indian Cuisine***, 165 Victoria St., Kamloops The restaurant's telephone number is **(250) 377 - 4969**.